# 大WHAT DO久 CHILDREN GAIN BY PLAYING RUGBY



**y** @BelievePHQ

@sportingmindset >





#### Competition

sense of competition and



## Respect

Respecting their opponents teaches children about healthy



Playing in a team teaches essential social skills like sportsmanship, team spirit and

Teamwork





personality" can help children learn about

### Enjoyment

Competition brings boys



Learning the strategic enhances concentration and analytical skills

Concentration



Develop physical filness, strength and coordination

#### Character building

and self-respect

